



## Volunteer with us!!

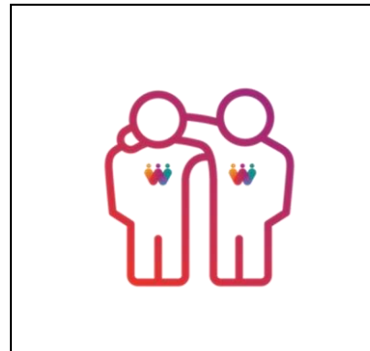
Wild Rose SeniorConnex program is looking for caring volunteers!

Our goal is to enable seniors to live well, connected to their communities and in the comfort of their own homes, for as long as possible.

“Research shows that an estimated 30% of Canadian seniors are at risk of becoming socially isolated. According to the International Federation on Ageing, “the number one emerging issue facing seniors in Canada is keeping older people socially connected and active.”

**We’re looking for your help in the areas of:**

- Friendly visitors
- Shopping/errand companions
- Essential transportation
- Friendly phone check-ins
- Caregiver kindness
- Happy mail
- Practical kindness (tech support, light house/yard-work)



Orientation and training provided  
(RCMP and vulnerable sector checks required)

If interested, contact Christy Elliott, Volunteer Connector,  
at 403-601-2910 or [christy.elliott@wildrosecc.com](mailto:christy.elliott@wildrosecc.com)