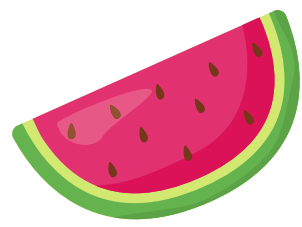




GREATER FOOTHILLS FAMILY CENTRE JUNE 2022 Programs for Children & Families

Early Childhood Programs



Under the Sea- for 2-6 year olds (Virtual)

Mondays, June 6,13,20 &27 at 10 am, via Zoom
* Registration is required

Join us for a program all about the deep blue sea!

Kids ages 2-6 years old will have fun with themed songs, stories, crafts and activities. All supplies will be delivered before the first class

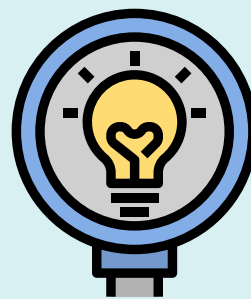


Daily Discoveries (Virtual)

Tuesdays, June 7,14 &21 @ 10am-via Zoom
*Registration is required

This program engages your preschooler through crafts, stories, activities and games. In June, we will explore fun and games with SPORTS!!!

All supplies will be delivered before the first class.



Crafty Creations- for 2-6 year olds (In person) High River

Tuesdays, June 7,14, & 28 @ 1:30 at the Family
Centre (High River)

*Registration is required

Let's get creative with some fun themed crafts!

Each week will be something new and exciting! This program is for children 2-6 years of age.



Little Campers- for 2-6 year olds (In person) High River

Thursdays, June 9,16& 23@ 1:30pm

*Registration is required

Join us for a program all about camping!

We will have fun with camping themed songs, stories, activities and crafts!!

This program is geared for children, 2-6 years of age and will take place outside at the Greater Foothills Family Centre.



Stay & Play- Claresholm

Tuesdays, June 7,14,21 @ Mackin Hall
9:30-noon

We are excited to OPEN our Play Room again! No registration is required, come on in and join us and other families for Stay & Play!



To register or for information, resources and referrals, please call 403-652-8633 or toll free at 1-877-652-8633 or visit us at greaterfoothillsfamilycentre.ca

Stay & Play- Nanton

Wednesdays, June 1, 8,15 & 22 @ United Church
9:00-11:30am

We are excited to OPEN our Play Room again! No registration is required, come on in and join us and other families for Stay & Play



Busy Bees- Vulcan

Wednesdays, June 8,15 &22 @ Elks Hall Lodge
1:30pm

Vulcan Families, come on out and join us for Busy Bees, a program that will get your little ones up and moving! We will have fun playing games, hands on activities to keep us busy and lots of fun for everyone!



Busy Bees- Turner Valley

Sheep River Library, Thursdays June 9, 16 & 23 @ 10:30am

Black Diamond, Turner Valley and area families, come on out and join us for Busy Bees, a program that will get your little ones up and moving! We will have fun playing games, hands on activities to keep us busy and lots of fun for everyone!



Stay & Play- High River

Tuesdays & Wednesdays 9-11:30am
Thursdays 9-11:30am & 1:30-3:30pm
*no registration is required, just drop in!

We are excited to OPEN our Play Room again! No registration is required, come on in and join us and other families for Stay & Play



Kick Off To Summer!!!- Play in the Parks

Play in the Parks are a great way to get out and connect with others in your community! We will bring lots of activities for the kiddos.

Weather is permitting. Don't forget hats, water bottles and sunscreen!

Claresholm- Tuesday June 28th, 10am @ Centennial Park

Nanton- Wednesday June 29th, 10am @ Centennial Park

Vulcan- Wednesday June 29th, 1:30pm @ Birch Park (Allen Subdivision)

Turner Valley- Thursday June 30th, 10am @ Spray Park



Infant & Child Developmental Drop In Clinics

Do you have questions about your child's development? Drop in for PLAY TIME and chat with an AHS Pediatric Rehab Therapist- Communication Skills, Movement Skills, Fine Motor Skills and more!
Claresholm @ Mackin Hall- Tuesday June 14th, 2022- 10-11:30am
Nanton @ Nanton United Church- Wednesday June 15th, 2022 10-11:30am

High River @ Greater Foothills Family Centre- Thursday June 23, 2022-9-11:30am

Please call 403-652-8633 for more information



We have a website! Visit us at
greaterfoothillsfamilycentre.ca

Watch for our Summer Schedule COMING SOON

Kids Club Programs for 7-12 year olds

Kids Club- Program for 6-12 year olds (Virtual)

Monday, June 6,13,20 &27 @ 4:30pm, via Zoom
* Registration is required

Join us for one, two or all of these sessions..

Monday June 6 @4:30pm- Maze Mania

Monday June 13 @4:30pm- Minute to Win It

Monday June 20 @ 4:30pm- Summer Vacay Day!

Monday June 27 @ 4:30pm- Sensational Sensory Fun

All supplies will be delivered before the first class



Kids Club- for 6-12 year olds (In Person) Design Squad

Thursdays, June 9,16 &23 at 4:30pm, in person
at the Family Centre (High River)
* Registration is required

Calling all 6-12 year olds! This program will provide hands-on learning
challenges that bring engineering to life for kids 6-12 years of age.
The challenges will be engaging and will get kids thinking like engineers!



For Families....

All About Dad!

Wednesday June 15th @ 4:30
pm via Zoom

Join us to celebrate dad!!!! There will be FATHERS DAY themed fun,
designed for the whole family!
Supplies will be delivered before the session



Greater Foothills Family Resource Network Partners



Investing in Families, Builds A Stronger
Future

We are grateful for your support and
commitment to families.



For Parents

Triple P- One on One Parenting Sessions

Ongoing sessions by
appointment, available in person
or via Zoom



Triple P is a parenting program but it does not tell you how to be a parent, it is
more like a toolbox of ideas. You choose the strategies you need. You choose the
way you want to use them. It is all about making Triple P work for you!
Triple P can help you raise happy, healthy kids, manage your kid's behaviour,
set routines and rules, balance work and family and much more.

Triple P- Family Transitions

Ongoing sessions by
appointment, available in person
or via Zoom



Family Transitions is a program for divorced or separated parents. Divorce and
separation are hard and you may be struggling with navigating all of the
changes this brings and you may be worried about the impact this is all having
on your child's behaviour and emotions. If any of this sounds familiar, Family
Transitions Triple P can help. Family Transitions will give you new ideas,
techniques and strategies to help you through the day-to-day dramas and
ongoing trauma of your situation. These ideas can help you cope with stress,
anger and change, resolve conflict, and learn strategies for better communication.
Call today to set up a time to chat with our Family Transitions Facilitator.

Triple P- Fear-Less

Ongoing sessions by
appointment, available in person
or via Zoom



Fear-Less Triple P provides practical ways to help your child (aged between 6
and 14) manage anxious feelings so they can build confidence, overcome fears,
and develop their own coping strategies. Learn about flexible, realistic thinking
and be an emotion coach to your child, giving them skills to last a lifetime. You
can do the online program, or attend a group or individual session.
If you are interested in finding out more, call to speak with one of our
Facilitators today.

Ages & Stages Questionnaire-

The Ages & Stages Questionnaire is an early years developmental check- in,
designed to provide a snapshot of your child's development which
can help in catching delays and celebrating milestones. Its easy to do and
you can receive great activity ideas to help enhance your child's skill
development. To learn more, talk to one of our team members at
403-652-8633 or complete one online using this link,
<https://www.asqonline.com/family/91b5e7> or scan the QR code below

