



UPCOMING WORKSHOPS

NorQuest College's online Family Caregiver Wellness Initiative workshops provides learners with the flexibility to learn from anywhere. Workshops are instructed by experienced Practical Nurses and Health Care Aides, many of whom have been informal family caregivers themselves and have worked in long term care facilities. Skills simulations and other learning tools are incorporated into the online workshops to give participants a comprehensive learning experience.

Workshop registration is economically priced at \$15 per participant.

Workshop: Palliative and End-of-Life Care

Date: Tuesday, April 26, 2022 at 5:00 p.m. MDT

Location: Online

- Explore the concepts of palliative and end of life care (terminology, palliative scales).
- Explore MAID, conscious sedation, advanced directives, and goals of care to make informed decisions to meet care recipient needs.
- Identify and utilize strategies to comfortably take on the caregiver role at end-of-life.
- Explore how to meet the needs of the care recipient and caregiver.
- Discuss signs of approaching death and symptom management at end-of-life.
- Describe the impact that grief can have on a person.
- Discuss culture and palliative care.
- Explore communication in palliative care.

[REGISTER](#)

Workshop: All You Need to Know About Infection Control

Date: Saturday, May 14, 2022 at 9:00 a.m. MST

Location: Online

- Explore the concepts of palliative and end of life care (terminology, palliative scales).
- Explore MAID, conscious sedation, advanced directives, and goals of care to make informed decisions to meet care recipient needs.
- Identify and utilize strategies to comfortably take on the caregiver role at end-of-life.
- Explore how to meet the needs of the care recipient and caregiver.
- Discuss signs of approaching death and symptom management at end-of-life.
- Describe the impact that grief can have on a person.
- Discuss culture and palliative care.
- Explore communication in palliative care.

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Workshop: Supporting a Person with Dementia

Date: Tuesday, May 17, 2022 at 5:00 p.m. MDT

Location: Online

- Explore the concepts of palliative and end of life care (terminology, palliative scales).
- Explore MAID, conscious sedation, advanced directives, and goals of care to make informed decisions to meet care recipient needs.
- Identify and utilize strategies to comfortably take on the caregiver role at end-of-life.
- Explore how to meet the needs of the care recipient and caregiver.
- Discuss signs of approaching death and symptom management at end-of-life.
- Describe the impact that grief can have on a person.
- Discuss culture and palliative care.
- Explore communication in palliative care.

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Workshop: Mealtime and Medication Assistance

Date: Saturday, May 21, 2022 at 9:00 a.m. MDT

Location: Online

1. Identify factors what can affect a person's nutritional status and desire to eat.
2. Explore methods for assisting with nutrition at mealtimes.
3. Identify strategies and assistive devices to assist with mealtime challenges.
4. Apply knowledge regarding identification and prevention of food hazards & choking.
5. Explore oral medication administration assistance.

REGISTER

Contact danielle.moffatt@norquest.ca/ 780-644-5913 for more information.