



## Virtual Baby Group with Public Health

**Who** – Families with babies under 12 months of age who live in the Okotoks, High River, Black Diamond, Turner Valley, Vulcan, Claresholm, Nanton, Foothills County and surrounding rural communities.

**What** – A class to learn new things, build strong brains and connect with other parents in the area

**When** – Every **Tuesday morning from 10 to 11:30 am**. We meet virtually via Zoom (for now)

**Why** – We want you to know that we are in this together even though we have to be physically apart

**How** – A link for the meeting will be emailed out 1-2 days prior, feel free to join us at any time that is convenient for you and your baby. All resources and a summary will be sent out by email after class.

**Interested?** If you are interested in joining our virtual class, please email [Susan.Hass@ahs.ca](mailto:Susan.Hass@ahs.ca), and she will phone you to confirm your eligibility, get consent and set up your Zoom invite.

**Please include the following information:**

**Your name-**

**Your baby's name and date of birth-**

**Your home address-**

**Your phone number-**

**NOTE--We are not able to answer any personal questions via email due to privacy guidelines.**

