



Stress, Your Brain, and You!

A talk by youth for youth

What is stress anyways?

How can you cope with everyday stress?

Want to see what a stressed-out brain looks like?

Join the discussion about mental health and stress as youth share their experiences. Interested in a career in brain science or mental health? Meet neuroscientists, social workers, and psychiatrists who are sharing their stories! And come along as a neuroscientist leads you through a voyage through the normal and stressed human brain, with vivid brain imaging

Date & Time | November 2, 2021 @ 6pm MT

[Register](#) here to attend

Additional Details – [here](#)