

Labour Market Newsletter - Spring 2021



MCG Careers in the Foothills

Career and Employment Centres

Inside this Issue

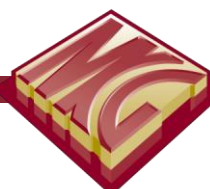
| | |
|--|-------|
| Labour Market Highlights | 1 |
| Where We Are Now | 2 |
| MCG Upcoming Workshops | 3 |
| Experience Counts | 4 |
| Federal Provincial & Community Resources | 5 |
| Job Seeking in the Foothills | 6 & 7 |

Alberta's Labour Force Statistics

March 2021 Highlights

- Alberta's seasonally adjusted unemployment rate was 9.1% in March 2021, a 0.8 percentage point decrease from the previous month and unchanged from the same month last year. This rate was the third highest in Canada, behind New Brunswick's 9.2% and Newfoundland and Labrador's 12.4%. The national rate was 7.5%, down 0.7 percentage points from the previous month.
- The unemployment rate decreased because employment increased by 37,100 and the labour force increased by 18,400 people from the previous month. FT employment increased by 11,900 while PT employment increased by 25,100. Between March 2020 and March 2021, employment increased by 71,600 while the of unemployed Albertans increased by 5,700.
- Year-over-year, employment gains were led by the private sector at 45,800. Public sector employment increased by 29,400 while self-employment increased by 3,700 over the same period.
- In March 2021, the industries that had the most employment increases from the previous month were Educational Services, 11,500; Professional, Scientific and Technical Services, 7,400; and Forestry, Fishing, Mining, Oil and Gas, 4,400. Industries that had the most employment decreases were Business, Building and Other Support Services, 3,200; Accommodation and Food Services, 200; and Public Administration, 200, over the same period.

* Source: Statistics Canada, Labour Force Survey: Additional information about Alberta's Labour Force Statistics for March 2021 can be found at: www.alberta.ca



See Good Things

Canada

Alberta

The Province of Alberta is working in partnership with the Government of Canada to provide employment support programs and services.

Contact us at Okotoks: 403-995-4377 | High River 403-601-2660 | Toll Free Line 1-844-601-2660

WHERE WE ARE NOW!

MCG Careers continues to provide ongoing career and employment services in the Foothills. One year has passed since various restrictions were put in place. Through it all, our individualized services have continued.

Meet with us by phone, e-mail and/or video conferencing.

Our Career Coaches are available to provide guidance and support as you strive to achieve your career and employment goals.

All of our services, programs and supports are at NO COST.

To book an appointment call
403-995-4377 (Okotoks) or 403-601-2660 (High River)

Let us help you *See Good Things*.

MCG Careers in High River is a virtual Emotional Safe Spot.
Call 403-601-2660 for support.
We connect you to the agencies and organizations that can help.

EMOTIONAL
SAFE SPOT

To “**See Good Things**” follow us @mcgcareers on:



or visit www.mcgcareers.com



See Good Things

Spring 2021 No Cost Workshops

Register on Eventbrite or Call

Okotoks 403-995-4377 High River 403-601-2660 or Toll Free 1-844-601-2660

LINKEDIN "Create and Advance your Online Presence!"

Do you know how to build an effective profile and connect with like-minded professionals?

| | | |
|--|---------------------|----------------------------|
| Thursday April 22 nd , 2021 | 10:30 am - 1:00 pm | Online Delivery – via Zoom |
| Thursday June 10 th , 2021 | 10:00 am - 12:30 pm | Online Delivery – via Zoom |

CONDUCTING AN EFFECTIVE JOB SEARCH "Pick up some Great New Job Search Ideas"

Are you accessing all available resources and using the most effective job seeking techniques?

| | | |
|--|-------------------|----------------------------|
| Wednesday May 5 th , 2021 | 1:00 pm - 3:30 pm | Online Delivery – via Zoom |
| Wednesday June 16 th , 2021 | 1:00 pm - 3:30 pm | Online Delivery – via Zoom |

INTERVIEW SKILLS "Build your Confidence!"

Would you like to learn the fundamentals of being successful in an interview?

| | | |
|--------------------------------------|--------------------|----------------------------|
| Thursday May 13 th , 2021 | 9:30 am - 12:00 pm | Online Delivery – via Zoom |
| Friday June 18 th , 2021 | 9:30 am - 12:00 pm | Online Delivery – via Zoom |

RESUME BUILDING & COVER LETTER WRITING "Tailoring and Targeting!"

Do you need help creating or updating your resume and cover letter so that they stand out from the rest?

| | | |
|---------------------------------------|-------------------|----------------------------|
| Wednesday May 19 th , 2021 | 1:00 pm - 3:30 pm | Online Delivery – via Zoom |
|---------------------------------------|-------------------|----------------------------|

MCG Careers

Experience Counts Program



Are you 45+ and looking for work?

Get the job skills training and support you need by learning remotely at no cost to you.

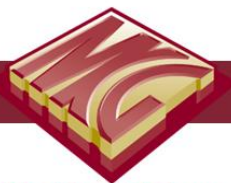
Serving residents of Okotoks, High River, Foothills County, Vulcan, Nanton and Claresholm.

You may be eligible to enroll if you are currently unemployed, having difficulty securing employment, and between the ages of 45 – 68.

Computer Basics
 Career Planning
 Resume Preparation
 Assisted Job Search
 Interviewing Techniques
 Workplace Skills
 Self-Employment Resources
 ...and more!

Call us for more information:

MCG Okotoks at 403-995-4377, MCG High River at 403-601-2660 or Toll-Free at 1-844-601-2660



See Good Things

The Province of Alberta is working in partnership with the Government of Canada to provide employment support programs and services.

Canada  Alberta 

Contact us at Okotoks: 403-995-4377 | High River 403-601-2660 | Toll Free Line 1-844-601-2660

Federal, Provincial, and Community Resources
Current as of April 10th, 2021

Federal Resources:

After CERB: Transitioning to new benefits

<https://www.canada.ca/en/services/benefits/ei/cerb-application/transition.html>

Provincial Resources:

COVID-19 information for Albertans

<https://www.albertahealthservices.ca/topics/Page16944.aspx>

Income Support – How to Apply:

<https://www.alberta.ca/income-support-how-to-apply.aspx>

Okotoks Resources:

#OkotoksStrongTogether COVID-19 Social Support Resources

<https://www.okotoks.ca/discover-okotoks/covid-19-social-support-resources>

Okotoks Food Bank:

Located at #120, 220 Stockton Avenue, Okotoks, T1S 2C3 you can visit our website at:

<https://okotoksfoodbank.ca/> call 403-651-6629 or email info@okotoksfoodbank.ca

Okotoks Public Library:

The library is offering curbside service, virtual programs and answer any questions you might have by phone at 403-938-2220. The building is closed to the public.

<https://www.okotokslibrary.ca/>

High River Resources:

Family and Community Support Services open Monday to Friday

Call 403-652-8620 or email fcss@highriver.ca or to learn more visit their website at:

<https://highriver.ca/fcss>

High River Wild Rose Community Connections has a variety of programs to

“Nourish the Body and Feed the Soul” check out their website at:

<https://www.wildrosecommunityconnections.com/food-connections>

Salvation Army High River:

Thrift Store 1006B 11 Ave SE, High River · 403-652-5054. Hours may fluctuate

Family Service Centre 22 4 Ave SE, High River · 403-652-7530

<https://salvationarmy.ca>

High River Centennial Library:

The library is offering curbside service from Tuesday to Saturday. The building is closed to the public.

<https://www.highriverlibrary.ca/>

Job Seeking in the Foothills

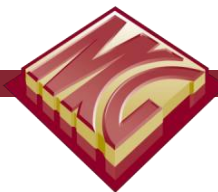
The Career Coaches at MCG suggest that you should plan to regularly check the careers pages of the companies you are interested in working for. The direct company website is the best source for up to date and accurate information.

Below you will find links to career pages affiliated with some local organizations to get you started. Need help? Make an appointment with a coach to help you navigate these sites and identify others that are relevant to you and your job search. Be sure to add MCG Careers Job Board to your list:

https://www.mcgcareers.com/?page_id=207320

| INDUSTRY | Link to Company Career Page |
|--|---|
| Cities/Towns | TURNER VALLEY: https://turnervalley.ca/employment-and-volunteer-opportunities/ |
| | BLACK DIAMOND: https://www.town.blackdiamond.ab.ca/Jobs.aspx |
| | OKOTOKS: https://www.okotoks.ca/careers/job-postings |
| | HIGH RIVER: https://highriver.hgcareers.com/en/js/search.php?submit=search&custompage=2 |
| | NANTON: https://nanton.ca/Jobs.aspx |
| | CLARESHOLM: http://www.claresholm.ca/government/career-opportunities |
| | VULCAN: https://vulcancounty.ab.ca/oportunities/career-opportunities |
| Education Services (various disciplines) | CALGARY: https://www.calgary.ca/cfod/hr/careers/career-opportunities.html |
| | FOOTHILLS SCHOOL DIVISON: https://www.fsd38.ab.ca//Career%20Opportunities.php |
| | CATHOLIC SCHOOL DISTRICT: https://careers.cssd.ab.ca/ |
| | CALGARY BOARD OF EDUCATION: https://cbe.ab.ca/careers/Pages/default.aspx |
| | BOW VALLEY COLLEGE: https://careersbowvalleycollege.hua.hrsmart.com/hr/ats/JobSearch/viewAll |
| | S.A.I.T: https://sait.csod.com/ats/careersite/search.aspx?site=1&c=sait |
| | UNIVERSITY OF CALGARY: https://careers.ucalgary.ca/jobs/ |
| Construction/ Apprentices & Skilled Trades | MOUNT ROYAL UNIVERSITY: https://mtroyalca.hua.hrsmart.com/hr/ats/JobSearch/viewAll |
| | GRAHAM CONSTRUCTION: https://www.grahambuilds.com/human-resources/ |
| | LAFARGE: https://cacareers-lafarge-na.icims.com/jobs |
| | INTEGRITY BUILDINGS: https://integritybuilt.com/about/work-for-us.html |
| | VOLKER STEVIN Contracting Ltd: Careers - Volker Stevin Contracting (vscontracting.ca) |
| | ELLISDON: https://recruiting.ultipro.ca/ELL5000/JobBoard/fa7dd324-0b16-f8cb-f544-f46b499e5db7/?q=&o=postedDateDesc |
| Health Care and Social Services | PCL CONSTRUCTION: https://careers.pcl.com/ca/en/search-results |
| | ALBERTA HEALTH SERVICES: https://careers.albertahealthservices.ca/ |
| | YMCA: https://ymca.ca/Careers |
| | SEASONS RETIREMENT COMMUNITIES: https://www.seasonsretirement.com/company/careers/ |
| | REVERA: https://reveraliving.com/en/about-us/working-at-revera |
| | WESTWINDS COMMUNITIES: https://www.westwindscommunities.ca/join-us |
| | COTTONWOOD VILLAGE: https://cottonwoodvillage.ca/careers/ |
| Retail & Sales | EXTENDICARE: http://www.extendicarevulcan.com/careers/positions/ |
| | CCIS: https://www.ccisab.ca/about/work-for-us/jobs.html |
| | HOME DEPOT: https://careers.homedepot.ca/job-search?search=true&locationKeywords=Okotoks,%2520Alberta&page=4 |
| | WAL-MART: https://careers.walmart.ca/search-jobs.aspx |
| CANADIAN TIRE: https://corp.canadiantire.ca/careers/retail/default.aspx | |
| HOME HARDWARE: https://www.homehardware.ca/en/careers | |

| | |
|----------------------------------|--|
| | SAVE ON FOODS: https://www.saveonfoods.com/join-our-team/ |
| | SOBEYS: https://jobs.sobeyscareers.com/ |
| | SHOPPERS DRUG MART: https://careers.shoppersdrugmart.ca/opportunities/retail |
| | CO-OP WINE SPIRITS BEER: https://www.coopwinespiritsbeercareers.com/ |
| | COSTCO: https://www.costco.ca/jobs.html |
| | SAFEWAY: https://www.safeway.ca/careers/ |
| | 7X POWER: Cool Jobs @ 7X (7xpowered.com) |
| Animal Care | SAVE: https://www.saveveterinary.com/careers |
| | GUS'S PET RESORT: Gus's Pet Resort Our Team Okotoks |
| | MOORE EQUINE VETERINARY CENTRE: http://www.mooreequine.ca/current-job-opportunities/ |
| Oil and Gas | CP Rail: https://careers.cpr.ca/search/?createNewAlert=false&q=&locationsearch=Calgary |
| | CN Rail: https://www.cn.ca/en/careers |
| | SUNCOR: https://jobs.suncor.com/search/?q= |
| | CORE LINEPIPE: https://corelinepipe.com/careers/ |
| | ENBRIDGE: https://enbridge.wd3.myworkdayjobs.com/enbridge_careers |
| | ATCO: https://www.atco.com/en-ca/about-us/careers.html |
| Courier/Delivery Services | UPS: https://en.jobs-ups.ca/search-jobs? |
| | FEDEX: https://careers.fedex.com/expresscanada/jobs |
| Misc. | STANTEC: https://stantec.jobs/jobs/?location=Calgary%2C+AB |
| | MATRIX LABOUR LEASING: https://matrixlabourleasing.com/find-jobs |
| | SODEXO: https://ca.sodexo.com/careers |
| | CARGILL: https://careers.cargill.com/ |
| | CINTAS: Cintas Careers - Job Opportunities at Cintas Cintas |
| | SPRUNG STRUCTURES: https://www.sprung.com/about-sprung/sprung-careers/ |



See Good Things

FOOTHILLS MCG CAREER AND EMPLOYMENT CENTRES

Okotoks: # 3, 87 Elizabeth Street,

Okotoks@mcgcareers.com

High River: #6, 28 – 12th Avenue, SE,

highriver@mcgcareers.com