



FREE* VIRTUAL NUTRITION TOURS

WITH REGISTERED DIETITIANS

Tour your way to better health.

Our adult group tours* can be tailored to meet your needs, including topics like diabetes, heart health, plant-based diets and feeding young families. Our kids and school group tours are available for Kindergarten through post-secondary.

*Minimum of 7 adults to run group tours. Small groups or individual customers may be grouped together.

For more information and to sign up for a virtual group tour, visit **[SaveOnFoods.com/nutrition-tours](https://www.saveonfoods.com/nutrition-tours)**