



## Vulcan County Regional Emergency Management Partnership (VCREMP)

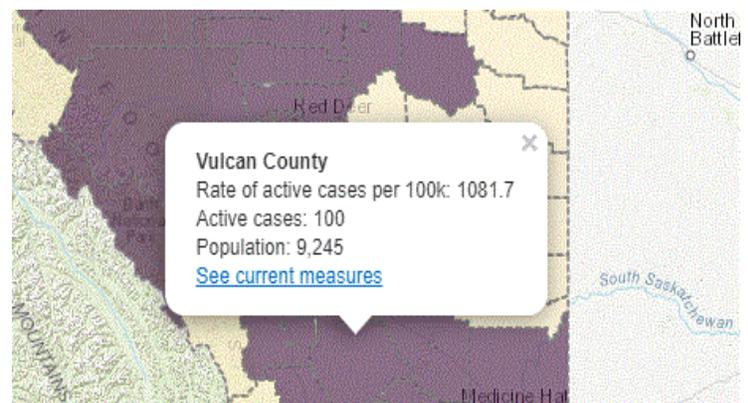
NOVEMBER 25, 2020

RE: COVID-19 Update 89 (**RED text** indicates web link & New Information in **BLUE**)

### **IMPORTANT UPDATE FOR IMMEDIATE RELEASE**

Vulcan County remains in the “ENHANCED” category as active cases increase within Vulcan County.

COVID Numbers within Vulcan County are as follows:



Cases have been increasing at an alarming rate within the Vulcan County region, please keep up the hard work in following proper personal hygiene and cleaning practices. Please follow these [guidelines](#) and watch your municipal websites for further updates.

**Active cases within the Province** now stand at 13,719 (1,265 new cases on November 24<sup>th</sup>). Recoveries within the Province now stand at 36,582. There have been 2,157,044 tests completed on 1,432,857 people.

Everyone, even persons not exhibiting symptoms or requiring mandatory self-isolation, is strongly encouraged to limit outings to a minimum, **observe social distancing** and avoid touching your face without first washing your hands.

With the confirmation of a confirmed cases within our region, please remain vigilant in the practices that have been established. Please ensure you are taking the proper precautions.

**As per Chief Medical Officer of Health Order #37 Part 1- Indoor Group Fitness and Sport Activities; any players from Calgary Metropolitan Region and Edmonton Metropolitan Region should NOT be travelling from their communities to other ENHANCED or non-affected areas for games or practices.**



## Measures: Vulcan County and Urban Municipalities Within

Measures	All Alberta	Enhanced (purple) Areas <sup>1</sup>	Calgary Area <sup>2</sup>	Edmonton Area <sup>2</sup>
No indoor social gatherings in any setting	✓	✓	✓	✓
Outdoor gatherings max of 10	✓	✓	✓	✓
Wedding and funeral services max of 10, no receptions permitted	✓	✓	✓	✓
No festivals or events	✓	✓	✓	✓
Grades 7-12 at-home learning Nov 30-Jan 11	✓	✓	✓	✓
ECS-Grade 6 at-home learning after break until Jan 11	✓	✓	✓	✓
Working from home should be considered, where possible	✓	✓	✓	✓
Places of worship at 1/3 normal attendance with mandatory masking	✗	✓	✓	✓
Restricted access to some businesses starting Nov. 27	✗	✓	✓	✓
Mandatory masks for indoor workplaces	✗	✗	✓	✓

### Why These Measures Are Needed

The Province is implementing these actions now to help slow the virus's spread and make sure the health system can continue supporting patients with COVID-19, influenza and many other needs.

There is a time lag between transmission and new case identification. This means the cases we see today were infected up to 2 weeks ago.

### What Else You Can Do

Continue following existing public health measures to keep ourselves and others safe:

- Keep 2 metres apart when you can, wear a mask when you can't
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
  - if positive, isolate from others for 10 days or until symptoms are gone, whichever is longer
  - if negative, stay home until you are better
- Avoid non-essential travel
- Get the flu shot to keep influenza cases low so health workers can focus on the COVID-19 pandemic



As a refresher, VCREMP has put together [a series of videos on COVID-19](#) related themes:

- [Tips for Wearing Masks](#)
- [Tips for Washing Hands and Surfaces](#)
- [Tips on Public Distancing, Touching Your Face and Wearing Gloves](#)
- [When to See the Doctor](#)
- [Protect Our Communities](#)
- [Here for You](#)

### Provincial Measures and Indicators of COVID-19 Regional Risks

There are two indicators the Province is using as measures on how regions are doing, with three classifications:

#### Open

- low level of risk, no additional restrictions in place
- less than 50 active cases per 100,000

#### Watch or Enhanced

- **the province is monitoring the risk and discussing with local government(s) and other community leaders the possible need for additional health measures**
- **at least 10 active cases and more than 50 active cases per 100,000**

#### Enhanced

- risk levels require enhanced public health measures to control the spread
- informed by local context

### Program Availability If You Have Been Effected by COVID-19

There are a number of programs available through the Federal Government as a response to COVID-19. These programs are available for businesses, individuals, or families. For a complete list of programs please visit: <https://www.canada.ca/en/departement-finance/economic-response-plan.html>

Local assistance can also be provided through the Vulcan & Region Family Community Support Services. Program information can be found on their website at <http://www.vulcanandregionfcss.com> or by phoning their office at (403)485-2192 during regular business hours.

### 811 Health Link

Once again, people experiencing 7symptoms are to take the [online](#) self-assessment. As a further reminder, **811-health link is for those who are feeling ill and seeking advice.**

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others

- Mental Health Help Line at 1-877-303-2643
- Addiction Help Line at 1-866-332-2322

Above information sourced from: <https://www.alberta.ca/coronavirus-info-for-albertans>

Sincerely,

Kim Fath  
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Vulcan County Regional Emergency Management Partnership