



## Vulcan County Regional Emergency Management Partnership (VCREMP)

November 06, 2020

RE: COVID-19 Update 85 (RED text indicates web link & New Information in BLUE)

### IMPORTANT UPDATE FOR IMMEDIATE RELEASE

As of 3:30 p.m. on Friday, November 6, 2020 ANY municipality under “WATCH” status is will be under enhanced public health measures to control the spread, such as a 15-person limit on social and family gatherings. It is expected with the current active cases within the Vulcan County region, we will move in and out of the WATCH status for a number of weeks.

### Measures: Vulcan County and Urban Municipalities Within

15-person limit on social and family gatherings - indoors and outdoors - where people are mixing and mingling.

**Applies to all social gatherings, including but not limited to:**

- banquets and award ceremonies
- wedding or funeral receptions
- luncheons or potlucks
- parties: birthday, baby showers, retirement, dinners, backyard BBQs
- other private social gatherings and functions

**Does not apply to structured events, including but not limited to:**

- seated-audience sports/shows
- conferences
- fitness centres
- funeral service
- in-person dining in restaurants
- wedding ceremonies
- worship services

### Voluntary measures

Limit your cohorts to no more than 3: your core household, your school, and one other sport or social cohort. Young children who attend child care could be part of 4 cohorts, given that child care settings have not been a high risk for spread.

Wear a mask in all indoor work settings, except when alone in a workspace like an office or cubicle where you are safely distanced from others, or an appropriate barrier is in place.



## Why These Measures Are Needed

The Province is implementing these actions now to help slow the virus's spread and make sure the health system can continue supporting patients with COVID-19, influenza and many other needs.

There is a time lag between transmission and new case identification. This means the cases we see today were infected up to 2 weeks ago.

## What Else You Can Do

Continue following existing public health measures to keep ourselves and others safe:

- Keep 2 metres apart when you can, wear a mask when you can't
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
  - if positive, isolate from others for 10 days or until symptoms are gone, whichever is longer
  - if negative, stay home until you are better
- Avoid non-essential travel
- Get the flu shot to keep influenza cases low so health workers can focus on the COVID-19 pandemic

## Provincial Measures and Indicators of COVID-19 Regional Risks

There are two indicators the Province is using as measures on how regions are doing, with three classifications:

### **Open**

- low level of risk, no additional restrictions in place
- less than 50 active cases per 100,000

### **Watch**

- the province is monitoring the risk and discussing with local government(s) and other community leaders the possible need for additional health measures
- at least 10 active cases and more than 50 active cases per 100,000

### **Enhanced**

- risk levels require enhanced public health measures to control the spread
- informed by local context

## 811 Health Link

Once again, people experiencing 7 symptoms are to take the [online](#) self-assessment.

As a further reminder, **811-health link is for those who are feeling ill and seeking advice.**

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others



- Mental Health Help Line at 1-877-303-2643
- Addiction Help Line at 1-866-332-2322

Above information sourced from: <https://www.alberta.ca/coronavirus-info-for-albertans>

Sincerely,

**Nels Petersen**

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 Management Partnership

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