



## Vulcan County Regional Emergency Management Partnership (VCREMP)

September 30, 2020

### **RE: COVID-19 Update 79 (RED text indicates web link & New Information in BLUE)**

Vulcan County Regional Emergency Management Partners are continuing to monitor the COVID-19 situation in Alberta. The latest Government of Alberta media releases can be found at <https://www.alberta.ca/news.aspx>

**While Municipal Offices and Operations within the region remain open, we are urging the public to use municipal websites, email and telephone to answer their inquiries.** Vulcan County Protective Services is open by appointment only. Fire Halls are closed to the public until further notice.

#### COVID Numbers within Vulcan County are as follows:

- 1 Active Case(s)
- 60 Recovered
- 3 Fatalities

With the number of active cases within the Vulcan County Region, we are now listed under the **"OPEN"** category.

As cases have now been confirmed within the Vulcan County region, it is imperative to follow proper personal hygiene and cleaning practices. Please follow these [guidelines](#) and watch your municipal websites for further updates.

[Active cases within the Province](#) now stand at 1,582. Testing has been completed on 1,021,118 people, accounting for 1,350,800 total tests. The interactive Provincial map can be found [here](#).

Everyone, even persons not exhibiting symptoms or requiring mandatory self-isolation, is strongly encouraged to limit outings to a minimum, [observe social distancing](#) and avoid touching your face without first washing your hands.

**With the confirmation of a confirmed cases within our region, please remain vigilant in the practices that have been established.** Please ensure you are taking the proper precautions.

#### Travellers entering Alberta from outside Canada

All non-exempt travellers returning to or entering Alberta from outside Canada by air or land border crossing are legally required to follow provincial and federal requirements.

- Several categories of people are exempted from travel restrictions if they have no symptoms.
- The Canada/U.S. border remains closed to non-essential travel.

#### When you arrive

When you arrive in Alberta by land or air from international destination, you must:

- stop at the provincial checkpoint for screening:
  - submit a questionnaire detailing your mandatory 14-day isolation plan
  - undergo a touch-free temperature check
  - disclose any COVID-19 symptoms



- provide the Government of Canada basic information using the traveller contact information form, available through the ArriveCAN mobile app
- travel directly to your isolation location
  - If you do not comply with mandatory isolation requirements there are a number of enforcement measures in place, including issuing fines.

#### Complete the Isolation Questionnaire

All travellers entering Alberta from outside Canada must complete a provincial isolation questionnaire to demonstrate they have appropriate plans and the necessary supports in place to isolate for 14 days. You must submit a provincial isolation questionnaire at the provincial checkpoint after clearing customs. The questionnaire can be completed in advance [online](#)

Officials will review the completed questionnaire with you at the provincial checkpoints.

- Once you submit your completed isolation plan, you must go directly home or to the place where you will be isolating and must remain there for the duration of the 14-day isolation period.
- If you require extra assistance to complete your isolation plan, officials will support you to meet the isolation requirements.

#### Prepare for Isolation Before You Arrive

Prepare for your isolation well before you get to Alberta. Once you get here, you must go straight home and are not allowed to leave the house. Consider:

- the location of your 14-day isolation
- how you will travel to your isolation location
- how you will avoid close contact with people in your household, especially seniors and people with chronic conditions or compromised immune systems
- how you will get necessary supplies and supports (food, medication, cleaning supplies, child care and pet care)
- social or family support (you can't visit anyone or have visitors while in mandatory isolation)

VCREMP has put together [a series of videos on COVID-19](#) related themes:

- [Tips for Wearing Masks](#)
- [Tips for Washing Hands and Surfaces](#)
- [Tips on Public Distancing, Touching Your Face and Wearing Gloves](#)
- [When to See the Doctor](#)
- [Protect Our Communities](#)
- [Here for You](#)

#### Provincial Measures and Indicators of COVID-19 Regional Risks

There are two indicators the Province is using as measures on how regions are doing, with three classifications:

##### **Open**

- low level of risk, no additional restrictions in place
- less than 50 active cases per 100,000



**Watch**

- the province is monitoring the risk and discussing with local government(s) and other community leaders the possible need for additional health measures
- at least 10 active cases and more than 50 active cases per 100,000

**Enhanced**

- risk levels require enhanced public health measures to control the spread
- informed by local context

**811 Health Link**

Once again, people experiencing 7 symptoms are to take the **online** self-assessment. As a further reminder, **811-health link is for those who are feeling ill and seeking advice.**

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others

- Mental Health Help Line at 1-877-303-2643
- Addiction Help Line at 1-866-332-2322

Above information sourced from: <https://www.alberta.ca/coronavirus-info-for-albertans>

Sincerely,

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