



## Vulcan County Regional Emergency Management Partnership

July 29, 2020

### **RE: COVID-19 Update 69 (RED text indicates web link & New Information in BLUE)**

Vulcan County Regional Emergency Management Partnership updates will now be release once (1) day a week, on Wednesday's unless urgent messaging comes from Alberta's Chief Medical Officer of Health or Government Officials, or AHS on regional cases.

Vulcan County Regional Emergency Management Partners are continuing to monitor the COVID-19 situation in Alberta. The latest Government of Alberta media releases can be found at <https://www.alberta.ca/news.aspx>

Vulcan County Protective Services is open by appointment only. Fire Halls are closed to the public until further notice. **Municipal offices remain are open**, however, **we are urging the public to use municipal websites, email and telephone** to answer their inquiries.

As cases have now been confirmed within the Vulcan County region, it is imperative to follow proper personal hygiene and cleaning practices. Please follow these [guidelines](#) and watch your municipal websites for further updates. **Significant cases have been recorded in municipalities bordering Vulcan County. The interactive map can be found [here](#).**

Everyone, even persons not exhibiting symptoms or requiring mandatory self-isolation, is strongly encouraged to limit outings to a minimum and stay home; **observe social distancing** and avoid touching your face without first washing your hands.

The Vulcan County Regional Emergency Management Partnership has put together [a series of videos on COVID-19](#) related themes:

- [Tips for Wearing Masks](#)
- [Tips for Washing Hands and Surfaces](#)
- [Tips on Public Distancing, Touching Your Face and Wearing Gloves](#)
- [When to See the Doctor](#)
- [Protect Our Communities](#)
- [Here for You](#)

**With the confirmation of a confirmed cases within our region, please remain vigilant in the practices that have been established. CASE NUMBERS CONTINUE TO RISE WITHIN OUR AREA, PLEASE ENSURE YOU ARE TAKING PROPER PRECAUTIONS.**

#### **What YOU can do to HELP:**

- Wear a mask in public
- Download/Use the ACTraceTogether App
- Wash hands often
- Use gloves properly if you choose to wear them
- Cover coughs and sneezes with tissue or your elbow
- Avoid touching your face
- Avoid travel outside of Canada
- Watch for COVID-19 symptoms
- GET TESTED IF YOU FEEL SICK



**Cases in Alberta and Vulcan County**

As of July 29<sup>th</sup> there have been 10,603 confirmed cases and 8,983 recoveries of COVID-19 in Alberta. There has been a total of 190 fatalities as a result of COVID-19 in Alberta. Testing has been completed on 668,226 Alberta residents. As of 15:30 on July 29<sup>th</sup> there are 12 active cases and 15 recoveries within Vulcan County or the urban municipalities within its region. Vulcan County is in the [Calgary Health Zone](#).

Wearing a mask shows...



Kindness

**Know Your Masks**

N95 Masks	<ul style="list-style-type: none"> <li>- Should be reserved for the frontline healthcare workers</li> <li>- N95 masks with a valve will not filter out the virus if you are a carrier</li> </ul>
Surgical Masks	<ul style="list-style-type: none"> <li>- Should be saved for the medical professionals</li> <li>- SINGLE USE – DISPOSE AFTER USING</li> </ul>
DIY Cloth Masks	<ul style="list-style-type: none"> <li>- Protects others from you</li> <li>- Can make at home and re-wear – WASH AFTER EACH USE</li> </ul>
NO Mask	<ul style="list-style-type: none"> <li>- Offers no protection</li> <li>- Doesn't help slow or stop the spread of COVID-19</li> </ul>

**Provincial Measures and Indicators of COVID-19 Regional Risks**

There are two indicators the Province is using as measures on how regions are doing, with three classifications:

**Open**

- low level of risk, no additional restrictions in place
- less than 50 active cases per 100,000

**Watch**

- the province is monitoring the risk and discussing with local government(s) and other community leaders the possible need for additional health measures
- at least 10 active cases and more than 50 active cases per 100,000

**Enhanced**

- risk levels require enhanced public health measures to control the spread
- informed by local context

**Currently our regions now falls within the WATCH category.**



### **811 Health Link**

Once again, people experiencing 7 symptoms are to take the **online** self-assessment.  
As a further reminder, **811-health link is for those who are feeling ill and seeking advice.**

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others

- Mental Health Help Line at 1-877-303-2643
- Addiction Help Line at 1-866-332-2322

### **Local Programs and Initiatives**

**Vulcan County – Health & Wellness Foundation**

**Vulcan – Medical Recruitment**

**Vulcan Regional Food Bank Society**

Above information sourced from: <https://www.alberta.ca/coronavirus-info-for-albertans>

Sincerely,

A handwritten signature in black ink, appearing to read 'Nels Petersen'.

Nels Petersen  
Regional Director of Emergency Management  
Vulcan County Regional Emergency Management Partnership