

Family Violence and Abuse

Recognize

Respond

Refer

24-Hour Family Violence Helpline professionally trained counsellors available 24-hours a day, 365 days a year to provide counselling, safety planning, information and support; everyone is welcome to call (403) 234-SAFE (7233) or 1 (866) 606-7233.

Community Services Counselling Program Counselling, emotional and practical support for women experiencing family violence and abuse, who are unable or choose not to enter the emergency shelter; Counselling takes place in safe locations in the community.

emergency Shelter safe and secure accommodation for women and children fleeing family violence and abuse; providing nutritious meals, basic essential items, counselling, referral services and support.

Child and Adolescent Services Compassionate, interactive age appropriate activities and counselling for children and families in the emergency shelter and the community.

Court Program helping women experiencing family violence and abuse navigate their way through the complex legal system.

Men's Counselling Service offers non-judgmental individual and/or group counselling and support to men who are concerned that their anger and abusive behaviours are negatively impacting their family members. visit the men's Counselling service website: MCScalgary.com. CALL 403-299-9680

Healthy Relationships Program a school and community-based program which provides prevention and early intervention, group and individual counselling to youth.

Take A Stand – A Community Capacity Building Initiative educates and empowers community members to effectively support victims. presentations are offered to organizations and community groups which help people learn how to identify family violence and abuse in all its forms, ways to respond compassionately to victims and how to connect them with resources.

<https://www.sagesse.org/> **Whether it's through direct service, capacity building, education or advocacy, our job is to empower people, organizations and communities to break the cycle of domestic violence.**

If you are interested in booking a Take A Stand presentation for your organization or workplace: (403) 290-1552 ext. 426 takeastand@cwes.ca

For more information about these programs and services: CalgaryWomensShelter.com

<https://www.mcscalgary.com/index.html>

<https://www.rowanhouse.ca/> We provide crisis intervention, long-term support and education for those affected by family violence in rural communities. Foothills and Vulcan County

Crisis Line: 403-652-3311

Toll Free: 1-855-652-3311 In-Shelter Services

- Outreach Support
- Group Sign-Up

Non-Crisis Office Line (Mon-Fri):

403-652-3316 General Information

- Donations
- Volunteering